



RECORE

SWITZERLAND

BIOMOLECULAR
DETOX

VITALITY

SWISS RECORE AG

Seestrasse 157 | 8700 Kusnacht | Switzerland
+41 44 500 51 11 | info@swissrecore.com | www.swissrecore.com



RECORE's Biomolecular Detoxes are innovative and intensive programmes exclusively designed to meet your personalized health needs. They provide significantly improved health, performance and vitality focusing on detoxification, prevention, weight loss and anti-aging.

Our intensive treatment programmes detoxify organically and repair damage on a cell-level caused by a stressful and extensive lifestyle. Our programmes significantly improve physical health and emotional wellbeing. As human beings, we have our own complex and unique biochemistry that needs to be balanced before we feel healthy and vital in life, both on a physical and emotional level.

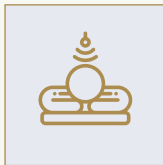
Using biochemical analysis our experts can accurately determine your individual biochemical deficiencies. Our comprehensive psychiatric assessment and treatment can identify the true underlying causes of physical and emotional discomfort. Our aim is improving vitality: physical health, wellbeing and emotional stability.

OUR BIO-DETOX® PROGRAMMES

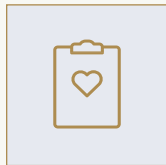
<p>BIO-D RAPID®</p> <hr/> <p>(3 days) From CHF 25'000 Non-residential</p>	<p>BIO-D INTENSIVE®</p> <hr/> <p>(7 days) From CHF 50'000 Residential</p>	<p>BIO-D EXTENSIVE®</p> <hr/> <p>(14 days) From CHF 100'000 Residential</p>	<p>BIO-D PREVENTION®</p> <hr/> <p>(Approx. 1 year) CHF 50'000 Non-residential</p>
--	--	--	--



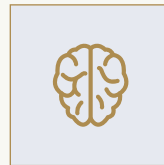
OUR UNIQUE METHOD



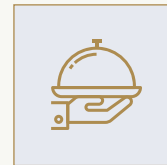
Ultrasound Scan



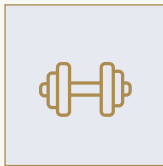
Medical Assessment



Psychiatric Assessment / Life Coaching



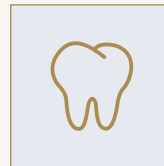
Nutritional Coaching & Tailor Made Cuisine



Physical Education & Activities



Addressing Bodyweight Issues



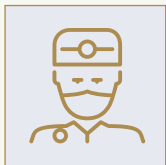
Dental Tests



Supporting Medication



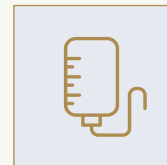
Swiss Laboratory Testing



Assessment & Review with Doctor



Tailor made Supplements



Detox Infusions



Nutritional Testing



Heart Rate Variability (HRV) Testing



Ozone Therapy



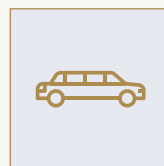
Written Report & Recommendations



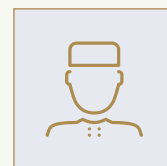
Complementary Therapies



Luxury Accommodation



VIP Airport Pick up



Concierge Service



BIO-D RAPID® - 3 DAYS VITALITY FROM CHF 25'000

NON-RESIDENTIAL

- Comprehensive medical assessment of presenting issues
- Laboratory testing of blood, urine, stool, hair and saliva, including detailed consultation with our doctor explaining the results
- Assessment of stress levels through the measurement of Heart Rate Variability (HRV)
- Tailor-made supplements for 3 months to restore your biochemistry
- A full written report including recommendations on lifestyle changes, nutrition and exercise
- Final consultation with your doctor, including a full review
- VIP pick-up from Zurich Airport on arrival
- Concierge service support





BIO-D INTENSIVE® - 7 DAYS VITALITY FROM CHF 50'000

RESIDENTIAL

- Full comprehensive medical assessment, detailing on compromised physical functions due to excessive substance use
- Laboratory testing of blood, urine, stool, hair and saliva, including detailed consultation with our doctor explaining the results
- We provide both psychiatric, psychotherapeutic and Life Coach sessions exploring your lifestyle and developing a solid aftercare
- Rapid detox infusions to boost antioxidants and immune system, supported by tailored nutritional supplements to replenish physiological deficiencies
- Tests for food intolerances and enzyme imbalances to determine your intestinal health. Intestinal health is vital to restore immune function, a balanced mood and normal blood sugar levels
- Assessment of stress level through the measurement of Heart Rate Variability (HRV)
- Ozone therapy to support regeneration of red blood cells and training of immune defense mechanisms
- Complimentary therapies supporting body detox, such as foot reflexology, yoga, acupuncture
- Spa treatments
- Physical activities and coaching delivered by a Personal Trainer
- Tailor-made supplements for 3 months to restore your biochemistry
- A full written report including recommendations for lifestyle changes, nutrition and exercise
- Final consultation with your doctor, including a full review
- Luxury accommodation, personal case manager, chef and housekeeper, personal limousine and driver
- VIP pick-up from Zurich Airport on arrival
- Concierge service support

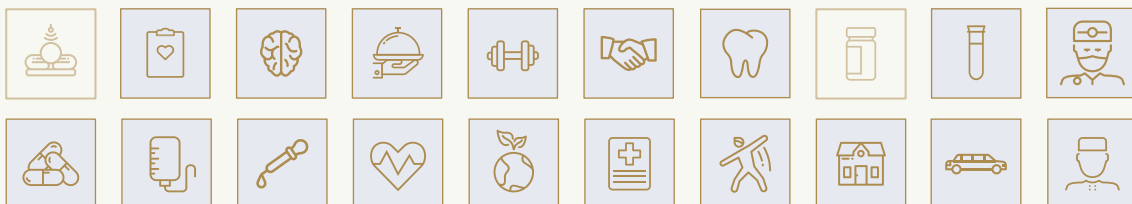




BIO-D EXTENSIVE® – 14 DAYS VITALITY FROM CHF 100'000

RESIDENTIAL

- Full comprehensive medical assessment, detailing on compromised physical functions due to excessive substance use
- Laboratory testing of blood, urine, stool, hair and saliva, including detailed consultation with our doctor explaining the results
- We provide both psychiatric, psychotherapeutic and Life Coach sessions exploring your lifestyle and developing a solid aftercare
- Rapid detox infusions to boost antioxidants and immune system, supported by tailored nutritional supplements to replenish physiological deficiencies
- Tests for food intolerances and enzyme imbalances to determine your intestinal health. Intestinal health is vital to restore immune function, a balanced mood and normal blood sugar levels
- Nutritional coaching and tailor-made cuisine prepared by our chefs
- Addressing body weight issues, self-image and dieting
- Comprehensive dental testing revealing bio-physiological deficiencies
- Assessment of stress level through the measurement of Heart Rate Variability (HRV)
- Ozone therapy to support regeneration of red blood cells and training of immune defense mechanisms
- Complimentary therapies supporting body detox, such as foot reflexology, yoga, acupuncture
- Spa treatments
- Physical activities and coaching delivered by a Personal Trainer
- Tailor-made supplements for 3 months to restore your biochemistry
- A full written report including recommendations for lifestyle changes, nutrition and exercise
- Final consultation with your doctor, including a full review
- Luxury accommodation, personal case manager, chef and housekeeper, personal limousine and driver
- VIP pick-up from Zurich Airport on arrival
- Concierge service support





BIO-D PREVENTION® - 1 YEAR
CHF 50'000

AFTER 3 MONTHS

- Lab re-testing (blood and urine)
 - Adaptation of the supplements and stock for 6 months
 - Monthly session to discuss all the results and adaptation to the programm
-

AFTER 9 MONTHS

- Lab re-testing (blood and urine)
 - Adaptation of the supplements and stock for 6 months
 - Closing discussion about programm or extension of support
-